# File it yourself CUSTODY PACKET

In North Carolina Courts

Packet for Parents



Prepared by:

Legal Aid of North Carolina, Inc. P.O. Box 26087 Raleigh, NC 27611

DISCLAIMER: This packet has been prepared for general information purposes only. This information is not legal advice. Legal advice is dependent upon the specific circumstances of each situation. Also, the law may vary from state to state, so that some information in this packet may not be correct for where you live. The information contained in this packet is not guaranteed and the information contained in this packet cannot replace the advice of a competent attorney licensed in your state.



# These materials are not for everyone!

# CONSULT WITH AN ATTORNEY IF ONE OF THESE SITUATIONS APPLIES TO YOU:

- ⇒ The children have lived in North Carolina less than 6 months: OR
- $\Rightarrow$  One parent or a child lives outside North Carolina; OR
- ⇒ There has been another custody case involving these children; OR
- ⇒ There has been a Juvenile Court case involving these children; OR
- ⇒ DSS Child Protective Services has placed these children with someone else; OR
- ⇒ The children live with someone who is not their parent; OR
- $\Rightarrow$  One parent is in the military.

If you or the children are <u>victims of domestic violence</u>, contact your nearest Legal Aid office or the Legal Aid HelpLine at 1-866-219-5262.

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# I. Custody Law and Definitions

In North Carolina, the law gives judges in the district courts the right to decide who has custody of minor children. Once a custody case is filed, the Judge has the power to make the decision about where the child lives and who will get to make decisions for the child.

The Judge, in trying to figure out who should have custody and/or any visitation, will try to decide what is in the "best interest of the child."

The Judge will look at all the information affecting the child's life to make certain his/her decision is based on the best interest of the child. It is important that you raise all facts that will assist the Judge in making his/her decision.

There are two main types of custody: "Legal Custody" and "Physical Custody"

#### What is "Legal Custody"?

The <u>parent(s)</u> or <u>person(s)</u> who <u>make the major decisions</u> in the child's life, (such as decisions about health/healthcare, education, and religious upbringing) have "legal custody." The child does not have to live with the parent or person who has legal custody. The Judge may give legal custody to two people jointly ("Joint Legal Custody"), or one person may be given the primary responsibility to make major decisions for the child ("Primary Legal Custody").

#### What is "Physical Custody"?

The parent or person who has actual, physical care of the child has "physical custody."

Again, the Judge may give physical custody to two people jointly ("Joint Physical Custody").

The people with joint physical custody are allowed to share time with the child so that each one has regular contact with the child. This does not mean that the child must live half the time with one parent and the other half with the other parent. The Court decides how much time the child spends with each parent.

Instead of joint physical custody, the Judge may give one person "Primary Physical Custody". In this situation, one parent or person has the child in his or her care for a large majority of time. Another parent or relative may still have regular contact and overnight visitation with the child.

It is possible for the Court to order "joint legal and physical custody," so that <u>both</u> <u>parents</u> have equal decision-making power and share physical custody, if one parent asks for it and the Court decides that it is in the best interest of the child.

#### What is "Visitation?"

"Visitation" is the time that a person who does not have primary physical custody spends with the child. During the custody proceedings the Judge will attempt to set a visitation schedule that is in the "best interest of the child." The amount and type of visitation granted by the court depends on things such as the living arrangements of the person asking for visitation, the ages of the children, how far apart the parents live, the desires of older children, and whether there has been domestic violence or child abuse. Visitation schedules may include: overnights during the week, weekend visits, telephone calls, sharing of holidays, and school vacations. You cannot deny visitation just because the other parent does not pay child support.

#### Who is the "Plaintiff"?

The "Plaintiff" is the person filing for custody. If you are starting this custody case, you are the plaintiff. You will remain the plaintiff, regardless of whether the opposing party files additional documents.

#### Who is the "Defendant"?

The "Defendant" is the person (or persons) you are suing for custody. That person may be a parent or grandparent. <u>If you are a non-parent</u>, you <u>MUST</u> include the biological parents, if living, as defendants. The person you sue will remain the defendant, regardless of whether you file additional documents.

# II. Where do I file a Custody or Visitation Action?

Some of the most important questions you must ask as you plan to file for custody or visitation are: Where should my case be filed? In what state? In what county? These are important questions because if you do not file in the right place, the Judge might refuse to hear the case.

#### Questions you must consider include:

#### 1. Are there any other cases already filed?

In order to decide where to file, the first question to ask is has there ever been a custody case in court about the child? If yes, then you should try to get a copy of the custody papers and have them reviewed by an attorney before you file a new case. Most of the time, you will have to file requests to change prior custody orders in the same place that the case was first started.

# 2. Can I file my custody case in North Carolina?

If there has never been any type of court case about the child, then to figure out if you can file the action in North Carolina you must know where this child has lived the past six months. The general rule is that the child must have lived in North Carolina for six months for the case to be properly heard in North Carolina. Then North Carolina is the "home state" of the child. If the child is less than six months old, then you can file here if the child is currently here or has been here the majority of his or her life.

It is important to remember that the judges only look at where the child has lived, NOT where the parents or other guardians have lived.

## 3. In what county should I file?

Most of the time, you should file the action in the county where the child is living. You can also file it in the county where you live or where a parent lives.

# III. Forms

- Complaint (form)
  4 pages, including "Verification"
- Civil Summons (form)
  2 pages, from Administrative Office of the Court
- Petition to Sue/Appeal/File Motions as an Indigent (form)
  2 pages, from Administrative Office of the Court

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STATE OF NORTH CAROLINA County of	In the General Court of Justice District Court Division File
Name of Plaintiff  v.  Name of Defendant	) ) ) ) COMPLAINT FOR CUSTODY  VISITATION  [COMP CUST/VIST] )
NOW COMES THE PLAINTIFF, complain	ing of the Defendant, and alleges and says:
1. The Plaintiff is a resident and citizen of	County, in the State of North Carolina
•	
2. The Defendant is a resident and citizen of _	County, in the State of
	hild[ren]:
Period Of Residence  Dates  Address  From To	Name of Person Lived With Present Address Of Person
Present	

(Check ONLY those that a	ppply)		
☐ I have participated in	litigation concerning the custody of	the above named child.	
Name of Court	Case Number	Date of Decision	
☐ I have information of	a lawsuit concerning the above nam	ned child in a court in North Carolina or another stat	e.
Name of Court	Case Number	Nature of Proceeding	
☐ I know of a person as Rights with respect to the Name and Address of Per	above named child.	Custody  Claimed Custody  Claimed Visitation	n
SECOND CHILD. Duri	d. Use additional pages as necessaing the past five (5) years the minor has lived as follows:	ry.) child,, bor	π

Period Of Residence  Dates		Address	Name of Person Lived	Present Address Of Person		
From	To		With			
	Present					
	3					

(Check ONLY those that ap	oly)	
☐ I have participated in li	tigation concerning the custo	dy of the above named child.
Name of Court	Case Number	Date of Decision
I have information of a	lawsuit concerning the above	e named child in a court in North Carolina or another state.
Name of Court	Case Number	Nature of Proceeding
I know of a person as li Rights with respect to the		sical Custody  Claimed Custody  Claimed Visitation
Name and Address of Pers	on(s)	
7. The parties have been u  8. This Court has jurisdict  The child[ren]	nable to agree on a custody a ion to hear this custody case has/have lived in North Caro	nd visitation schedule with the child[ren].  because (check one):  blina for the past six months.  Id and has/have lived in North Carolina since the
	AINTIFF PRAYS OF THI	
1. For an Order giving of the child[ren] l		i permanent custody or  temporary and permanent visitation
2. For such other rel	ief as may be proper, just and	l lawful.
Respectfully submitted;		
This, the day of	, 20	
Signature of Plaintiff		Mailing Address of Plaintiff
Telephone Number		

# STATE OF NORTH CAROLINA \_\_\_\_ COUNTY **VERIFICATION** \_\_\_\_\_, being first duly sworn, deposes and says: That (s)he is the Plaintiff in the foregoing action and that (s)he has read the contents of the foregoing Complaint and know the contents thereof, and that they are true to his/her own knowledge, except as to those matters alleged upon information and belief, and as to those matters, (s)he believes them to be true. This is the \_\_\_\_ day \_\_\_\_\_, 20\_\_\_. Signature of Plaintiff \_\_ County, North Carolina Sworn to (or affirmed) and ascribed before me, this date by \_\_\_\_\_\_ Date: \_\_\_\_\_ (Official Seal) Official Signature of Notary Notary's Printed or typed name

My commission expires:

STATE OF NORTH CAROLINA	File No.
County	In The General Court Of Justice ☐ District ☐ Superior Court Division
Name Of Plaintiff	
Address	CIVIL SUMMONS
City, State, Zip	ALIAS AND PLURIES SUMMONS (ASSESS FEE)
VERSUS	G.S. 1A-1, Rules 3 and 4
Name Of Defendant(s)	Date Original Summons Issued
	Date(s) Subsequent Summons(es) Issued
To Each Of The Defendant(s) Named Below:	
Name And Address Of Defendant 1	Name And Address Of Defendant 2
¡IMPORTANTE! ¡Se ha entablado un proceso ¡ ¡NO TIRE estos papeles!  Tiene que contestar a más tardar en 30 días. ¡ acerca de su caso y, de ser necesario, hablar documentos!  A Civil Action Has Been Commenced Against You!  You are notified to appear and answer the complaint of the plaintiff a	laintiff or plaintiff's attorney within thirty (30) days after you have been plaintiff or by mailing it to the plaintiff's last known address, and Court of the county named above.
Name And Address Of Plaintiff's Attorney (if none, Address Of Plaintiff)	Date Issued Time AM PM
	Signature
	Deputy CSC Assistant CSC Clerk Of Superior Court
☐ ENDORSEMENT (ASSESS FEE)	Date Of Endorsement Time AM PM
This Summons was originally issued on the date indicated above and returned not served. At the request of the plaintiff,	Signature
the time within which this Summons must be served is extended sixty (60) days.	Deputy CSC Assistant CSC Clerk Of Superior Court
	programs in which most cases where the amount in controversy is \$25,000 or rties will be notified if this case is assigned for mandatory arbitration, and, if

(Over)

	RETURN OF SERVICE			
I certify that this Summons and a copy of the complaint were received and served as follows:				
		DEFE	NDANT 1	
Date Served	Time Served	AM PM	Name Of Defendant	
By delivering to the defenda		• •	•	
By leaving a copy of the su person of suitable age and			ng house or usual plac	ce of abode of the defendant named above with a
As the defendant is a corpo below.	oration, service was	effected by del	vering a copy of the su	ummons and complaint to the person named
Name And Address Of Person Wi	th Whom Copies Left (if	corporation, give title	of person copies left with)	
Other manner of service (sp	pecify)			
☐ Defendant WAS NOT serve	ed for the following	reason:		
		DEF	NDANT 2	
Date Served	Time Served	AM PM	Name Of Defendant	
By delivering to the defende	ant named above a	copy of the sun	nmons and complaint.	
By leaving a copy of the su person of suitable age and			ng house or usual plac	ce of abode of the defendant named above with a
As the defendant is a corpo below.	oration, service was	effected by del	vering a copy of the su	ummons and complaint to the person named
Name And Address Of Person Wi	th Whom Copies Left (if	corporation, give title	of person copies left with)	
Other manner of service (specify)				
☐ Defendant WAS NOT served for the following reason:				
Service Fee Paid \$			Signature Of Deputy Sh	eriff Making Return
Date Received			Name Of Sheriff (type of	r print)
Date Of Return			County Of Sheriff	

STATE OF N	IORTH CAROLINA				File No.		
	County				In The		Court Of Justice perior Court Division
Name Of Plaintiff  VERSUS		PETITION TO PROCEED  AS AN INDIGENT					
Name Of Defendant							G.S. 1-110; 7A-228
		AFFII	L DAVIT				G.G. 1-110, 7A-220
prosecution of the  I am an inmat (NOTE TO CLE Petition To File I file a notice of he	boxes below)  rt Claims - As a party in the above e claims I have asserted. Therefore, I te in the custody of the Division of AERK: If this block is checked, this Petitic Motions - As a party in the above earing on a motion. Therefore, I now the I have beal - As the individual appellant in the content of	now petition the Adult Correction must be subsentitled action petition the 0	he Court for on and Juve omitted to a S , I affirm tha Court for an	an order enile Just <i>uperior Co</i> at I am fir order all	allowing me to ice. ourt Judge for di nancially unabl owing me to fil	assert my sposition p e to adva le my mo	orovided on the reverse.) Ince the required costs to tion as an indigent.
the cost for the appeal this action  Petition To File I the required costs petition as an indi (check one or more of I am presently a r Supplemental Supplemental I am represented am represented bor have your attorned	ppeal of this action from small claim to district court as an indigent.  Expunction Petition - As the petition to file an expunction petition. The igent.  Ithe boxes below as applicable)	oner in the ab refore, I now AP/food stam t has as its pri f of such a leg	ourt. Therefore entitled petition the mps).   Timary purpo gal services	fore, I not d action, Court for emporar se the ful organiza	w petition the of affirm that I are an order allow y Assistance for this hing of legation. (Attach a I	Court for m financi ving me to or Needy al services etter from	an order allowing me to ally unable to advance o file my expunction  Families (TANF). s to indigent persons, or I your legal services attorney
advance the costs	s of filing this action or appeal.  ED AND SUBSCRIBED TO BE		Date	.,p. 0000			
Date	Signature		Signature Of	Petitioner			
Title Of Person Authorized To Administer Oaths  Date Commission Expires		Name And Ad	ldress Of Po	etitioner (type or p	rint)		
SEAL							
	CERTIFICATE OF LEGA	AL SERVIC	⊥ ES/PRO B	ONO RI	EPRESENTA	TION	
	ve named petitioner is represented igent persons or is represented by p						
Date			Signature				
Name And Address (type or	r print)						
		OR	DER				
	vit appearing above, it is ORDERED uthorized to assert claims, to appearable.		ces of hearing	ng or peti	tions in this ac	ction as a	n indigent.
Date	Signature				Assistant CSC		Clerk Of Superior Court  Magistrate (for appeal only)
NOTE TO CLERK: If th	he petitioner is NOT a recipient of SNAF	P/food stamps	TANE SSLO	r is NOT r		 egal servic	<u> </u>

**NOTE TO CLERK:** If the petitioner is NOT a recipient of SNAP/food stamps, TANF, SSI or is NOT represented by legal services or a private attorney on behalf of legal services, you may ask for additional financial information to determine whether the petitioner is unable to pay the costs.

		ORDER - DACJJ INN	IATES	
The undersigned supe and Juvenile Justice at	, ,	nds that the petitioner is	an inm	nate in the custody of the Division of Adult Correction
is not frivolous.				
is frivolous.				
It is ORDERED that				
the petitioner is au	thorized to sue in this action as	an indigent.		
the petitioner is not	t authorized to sue as an indige	ent.		
the action is dismis	ssed.			
Date	Name Of Superior Court Judge (type of	r print)	Signature	e Of Superior Court Judge
		CERTIFICATIO	1	
	on has been served on the party tory under the exclusive care a			n a post-paid properly addressed envelope in a post s Postal Service.
Date	Signature		Dep	puty CSC Assistant CSC Clerk Of Superior Court
NOTE: G.S. 1-110(b) pro	vides: "The clerk of superior court s	shall serve a copy of the or	der of di	smissal upon the prison inmate."

STATE OF NORTH CAROLINA	File No.
County	In The General Court Of Justice District Court Division
VERSUS  Name of Defendant	AFFIDAVIT Servicemembers Civil Relief Act 50 U.S.C. App. §§501-597b
AFFI	DAVIT
I,, being duly sw	orn, deposes and says:
1. The Plaintiff Defendant	, is in military service. is not in
•	ut the non-moving party's military service: (State how itary. <b>Be specific</b> .)
2. The affiant is unable to determine whether or not	the non-moving party is in military service.
SWORN/AFFIRMED AND SUBSCRIBED TO BEFORE ME	
Date Signature Of Person Authorized To Adminis	ter Oaths
☐ Deputy CSC ☐ Assistant CSC ☐ Clerk Of Superior Cou	rt 🗆 Notary
Date Commission Expires	Trotary
County Where Notarized	SEAL
FOR COURT	USE ONLY:
☐ ORDER OF APPOINTMENT OF COUNSEL	I pursuant to 50 U.S.C. App. § 521 or 522 and therefore,
the Court appoints counsel named below to represent t	he absent servicemember named above:  Name, Street Address, PO Box, City, State And Zip Code Of Attorney
Telephone No.	
☐ STAY OF PROCEEDINGS	
The Court finds that a stay of proceedings is required p stay, for a minimum period of 90 days, is ordered.	oursuant to 50 U.S.C. App. § 521 and, therefore, such a
Date	Signature of Judge
Next Hearing Date and Time	Name of Judge (Type or Print)

#### Information About Servicemembers Civil Relief Act Affidavits

#### 1. Plaintiff to file affidavit

In any civil action or proceeding, including any child custody proceeding, in which the defendant does not make an appearance, the court, before entering judgment for the plaintiff, shall require the plaintiff to file with the court an affidavit—

- (A) stating whether or not the defendant is in military service and showing necessary facts to support the affidavit; or
- (B) if the plaintiff is unable to determine whether or not the defendant is in military service, stating that the plaintiff is unable to determine whether or not the defendant is in military service.

50 U.S.C. 3931(b)(1).

#### 2. Appointment of attorney to represent defendant in military service

If in a civil action or proceeding in which the defendant does not make an appearance it appears that the defendant is in military service, the court may not enter a judgment until after the court appoints an attorney to represent the defendant. If an attorney appointed to represent a service member cannot locate the service member, actions by the attorney in the case shall not waive any defense of the service member or otherwise bind the service member. 50 U.S.C. 3931(b)(2). State funds are not available to pay attorneys appointed pursuant to the Servicemembers Civil Relief Act. To comply with the federal Violence Against Women Act and in consideration of G.S. 50B-2(a), 50C-2(b), and 50D-2(b), plaintiffs in Chapter 50B, Chapter 50C, and Chapter 50D proceedings should not be required to pay the costs of attorneys appointed pursuant to the Servicemembers Civil Relief Act. Plaintiffs in other types of actions and proceedings may be required to pay the costs of attorneys appointed pursuant to the Servicemembers Civil Relief Act. The allowance or disallowance of the ordering of costs will require a case-specific analysis.

#### 3. Defendant's military status not ascertained by affidavit

If based upon the affidavits filed in such an action, the court is unable to determine whether the defendant is in military service, the court, before entering judgment, may require the plaintiff to file a bond in an amount approved by the court. If the defendant is later found to be in military service, the bond shall be available to indemnify the defendant against any loss or damage the defendant may suffer by reason of any judgment for the plaintiff against the defendant, should the judgment be set aside in whole or in part. The bond shall remain in effect until expiration of the time for appeal and setting aside of a judgment under applicable Federal or State law or regulation or under any applicable ordinance of a political subdivision of a State. The court may issue such orders or enter such judgments as the court determines necessary to protect the rights of the defendant under this Act. 50 U.S.C. 3931(b)(3).

#### 4. Satisfaction of requirement for affidavit

The requirement for an affidavit above may be satisfied by a statement, declaration, verification, or certificate, in writing, subscribed and certified or declared to be true under penalty of perjury. 50 U.S.C. 3931(b)(4). The presiding judicial official will determine whether the submitted affidavit is sufficient.

#### 5. Penalty for making or using false affidavit

A person who makes or uses an affidavit permitted under 50 U.S.C. 3931(b) (or a statement, declaration, verification, or certificate as authorized under 50 U.S.C. 3931(b)(4)) knowing it to be false, shall be fined as provided in title 18, United States Code, or imprisoned for not more than one year, or both. 50 U.S.C. 3931(c).

# IV. Instructions for filing Custody/Visitation papers

### A. After you fill out the following forms:

- 1. Complaint
- 2. Civil Summons
- 3. Petition to Sue/Appeal as an Indigent (only if necessary)

Make sure you <u>sign</u> the "Verification" (on the last page of the Complaint) and the "Petition to Sue/Appeal as an Indigent" in the <u>presence of a Notary Public</u> before you go to the Courthouse.

- B. Make two (2) copies of each form before you go to the Courthouse.
- C. Take all the originals and copies to the Clerk's Office along with the filing fee or the Petition to Sue/Appeal as an Indigent.

NOTE: The Clerk will determine whether you can have your filing fee waived or if you have to pay the fee.

D. Check with the Clerk of Court to be sure you have filed all the required papers.

NOTE: Some counties have more forms to file.

E. After all the forms are filed, you <u>must</u> then <u>serve</u> a copy of the Civil Summons and Complaint on all defendants.

### Tips for Successful Filing:

#### 1. Payment of fees:

If you have to pay any court costs, bring cash. Some clerks accept certified checks, some accept money orders, but all accept cash. Contact the clerk's office to find out whether the sheriff's service fee is waived for people who file as an indigent, and if not, find out the exact amount of the fee and bring it in cash.

#### 2. Copies:

Make your own copies of the papers you are filing before you go to the clerk's office. You will need at least one copy for each defendant and a copy for yourself. Most clerks do not have time to make copies for you, and they will charge you for any copies they make.

#### 3. Notarizing:

For papers that must be notarized, have them notarized before you go to the clerk's office. Most clerk's offices do not provide notary services.

#### 4. Courtesy:

Always be courteous to the staff at the clerk's office.

#### 5. Address:

Make sure that the clerk's office has your current address. Contact the clerk if you have any questions about a hearing date.

# 6. Contacting the Clerk's Office after filing:

If you need to contact the clerk's office about your case, have the docket number and the case name available. The case name consists of the names of the plaintiff and the defendant.

# V. Instructions for "Serving" the Defendant

The words "service" or "serving" are legal terms that mean delivering the court papers to the Defendant. You CANNOT hand deliver the papers. You must serve the Defendant as required by North Carolina law and have legal proof that the Complaint and Civil Summons were delivered to the Defendant.

Ways to serve the court papers on the Defendant include:

By Sheriff: The <u>easiest method</u> is to have the Sheriff in the county where the Defendant lives or works serve the Defendant for you. To do this, pay a \$15.00 fee to the Sheriff of the county where the Defendant lives or works and they will deliver the papers for you. If you are indigent, this fee may be waived. The <u>clerk will direct you</u> as to what documents to take to the Sheriff's office or may deliver the documents for you. (The fee is subject to future increase so always ask the Clerk or Sheriff how much the service fee will be.)

By Certified Mail: To serve the Defendant by mail, you need to mail the Complaint and Civil Summons to the Defendant's mailing address by <u>Certified or Registered Mail</u>, Return Receipt Requested. Once the <u>green receipt</u> is returned to you, you must complete and file with the court an "<u>Affidavit of Return of Service by Certified Mail</u>." (A sample form follows this section.)

By Acceptance of Service: The Defendant may also sign a sworn statement before a <u>Notary Public</u> that he/she received the Complaint and Civil Summons. (This type of statement is not included in the Pro Se packet. The Defendant is responsible for preparing and filing this statement with the Court.)

By Publication: If you have made all possible efforts to find the Defendant, and still cannot locate his or her address, you may also consider serving the Defendant by publication in the <u>newspaper</u>. This type of service is <u>not recommended</u> and <u>additional</u> forms will be <u>necessary</u> to file with the newspaper and the court. (It is up to you to get these forms from an attorney or the Clerk of Court. They are not available on the court's website.)

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STATE OF NORTH CAROLINA COUNTY OF	IN THE GENERAL COURT OF JUSTICE DISTRICT COURT DIVISIONCVD
Plaintiff,	AFFIDAVIT OF RETURN OF SERVICE
v.	BY CERTIFIED MAIL
Defendant.	
sworn, depose, say and certify that:  1. A copy of the civil summons	Plaintiff in this action for custody/visitation, being first duly and complaint in the above-entitled action was deposited in the ded mail, return receipt requested, to the Defendant.
	Defendant at the following address:
	t were in fact received by Defendant on need by the attached return receipt.
This is the day of	, 20
	Plaintiff's SIGNATURE
	Plaintiff's Mailing Address
	City, State, Zip
County, North Carolina	
Sworn to (or affirmed) and ascribed be this date by	
Date:	
(Official Seal)	Official Signature of Notary, Notary Public
	Notary's Printed or typed name  My commission expires:
	My commission expires.

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### VI. Defendant's Answer and Counterclaims

The Defendant has <u>thirty days</u> to file an "Answer" or a "Motion for Extension of Time" once he/she is served your custody or visitation complaint. If the Defendant files an answer, he/she or his/her lawyer will send you a copy. If the Answer includes a Counterclaim or issues other than custody/visitation, then <u>you have 30 days</u> to file a Reply. You should consult an attorney to get some legal advice and make sure to file a response on time.

#### VII. Mediation

After the Defendant files an Answer or the thirty days to do so have ended, the case is set for mediation. In many counties it is <u>your obligation</u> as the "Plaintiff" (the person filing the action) to <u>schedule the mediation</u> and to <u>send the other side notice</u>. If you do not hear from the court about scheduling your mediation, you should call the Clerk's office and ask how to set your case for mediation.

#### What is Mediation?

North Carolina law requires that the parties to a custody law suit attend mediation before the case goes to a judge. "Mediation" is a meeting where the people involved in the custody lawsuit (the mother, father, grandparent or other legal guardian) sit in a together with a mediator. Each person takes turns telling the mediator and the other side what they each want for the child's custody and visitation plan. The goal of mediation is to agree on a plan for custody and visitation that both parties can agree to. The topics discussed are usually: where the children will live, a visitation schedule for weekends, midweek visits, telephone calls, holidays, summer, and school breaks. (Child support is NOT discussed or decided in the mediation.)

#### Who is the Mediator?

The mediator is a person who does not take any person's side in the mediation. The mediator is a "neutral", trained professional whose only job is to help the parties reach an agreement. The mediator will not decide who is right and wrong or force anyone to agree to anything. The mediator is appointed and paid by the Court.

#### How much will it cost?

It is free. If you are asked to pay for this service, please contact the Legal Aid of North Carolina's HelpLine at 1-866-219-5262.

#### Where is the Mediation held?

The mediation is held at the courthouse or other location typically in the county where the lawsuit has been filed.

#### Will attorneys be there?

No.

#### What happens if we reach an agreement?

The mediator will put the custody and visitation agreement in <u>writing</u> and <u>each party will</u> <u>sign it</u>. This may be done by mail several days after the mediation has ended. This agreement is called a "<u>Parenting Plan"</u>. After the parties sign the Parenting Plan, the family Court Judge signs it, making it become a court order.

# What if one side wants to change the Parenting Plan?

If one side wants to change the Parenting Plan, that person <u>needs to file a motion</u> to modify the Plan. The Court will send the parties to mediation again.

### What if one side violates the Parenting Plan?

If one party violates the Plan, then the other party can file a motion in court to ask the family Court Judge to require the other party to come to court and explain why she or he violated the Parenting Plan. The Court can punish the other side if the Plan is violated the Plan; or the Court can modify the Plan.

# What if we do not reach an agreement at mediation?

Your case will be heard in court and decided by a judge.

# What are the benefits of reaching an agreement at mediation?

Mediation is usually quicker than going to court to get a decision. You can avoid the possibility that the Judge will rule against you. It is less of an emotional trauma than going to Court. You can save yourself and your witnesses the time, inconvenience and embarrassment of testifying in court.

#### Tips for Successful Mediation:

#### 1. Know your rights.

Attend a custody clinic and/or read about North Carolina custody laws before you go to mediation. Consult with a private attorney or Legal Aid attorney.

#### 2. Compromise.

Be willing to be reasonable. You will not get everything you want or ask for. Be ready to give in on one thing so that you can focus on getting something else that is more important to you.

#### 3. Know your "Bottom Line."

Decide before you go what are the most important things for you to get and where you are willing to compromise.

#### 4. Be prepared.

Think before you go about what you want and write it down. Some things to think about are:

- The number of nights each person will have the child sleep at his/her house (this can affect the amount of child support you can get).
- Will the schedule change in any way during the summer months? What are the "summer months"?
- What time and place will the child be picked up and dropped off for visitation changes?
- Where will the child spend holidays including New Years' Day, Good Friday, Easter, Memorial Day, July 4<sup>th</sup>, Labor Day, Thanksgiving Day, Christmas Eve and Christmas Day?
- Where will the child spend each parent's birthday, the child's birthday, Mothers' Day and Fathers' Day?
- Who will have the final right to make decisions concerning the child's medical treatment and education?
- Will this person first have to discuss these decisions with the other parent before making a decision?

#### 5. Focus forward.

Control your emotions during the mediation. Look forward, not backwards. Don't get stuck on your past hurts, frustrations or anger during the mediation. Don't be distracted by the other person's bad behavior or insults. Stay focused on the future and be hopeful about reaching an agreement. This may take a lot of work!

# 6. Review the Final Agreement carefully before you sign it.

If you have a "Parenting Plan", be sure it reflects what you agreed to. If you need to make changes, contact the mediator and request the changes.

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#### CONCLUSION

If for any reason your mediation does not reach a settlement, your custody case will go to trial. Custody trials can take a few hours or weeks to complete. Parties without attorneys face many obstacles in attempting to handle their own custody trials. Legal Aid is working on a follow-up video and instructions that will help a person learn how to prepare for and present evidence in a custody hearing. Because of the high demand for services, Legal Aid will not be able to provide individual consultations if your custody case goes to trial. You are always advised to seek private legal counsel if possible to assist in the actual trial of a custody case.

Legal Aid of North Carolina wants to make these materials as helpful and informative as possible.

To help us do this, you can fill out a short, anonymous online <u>survey</u> (https://www.surveymonkey.com/s/Self-Help-Court-Filing-NC), or call toll-free at 1-855-210-4399 and leave your name and number. We will call you back to get your comments and suggestions for improving these materials.