

# Don't Miss a Beat: Control High Blood Pressure

High blood pressure raises your risk for heart disease, stroke, and kidney disease. Join us for an informative session on how to prevent and control high blood pressure.

**Tuesday, May 16, 2017**  
**12:00pm-1:00pm**



**Governmental Complex-Commons Area**  
309 W Cornelius Harnett Blvd  
Lillington, NC

*Lunch will be provided.*

***Featuring: Ashley Lewis, MD, FACC***  
North Carolina Heart and Vascular

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**Registration required:**  
Harnett County Health Department  
910-814-6196

**Registration Deadline: Friday, May 12<sup>th</sup>**

