

For More Information:



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Register Online @

go.ncsu.edu/girls.are.great_2018

or on site @ the

Harnett County Health Department

307 W. Cornelius Harnett Blvd Lillington

Girls are Great & Teen Girl Conference



Celebrating 30 years!

Saturday, April 21, 2018

8:30 a.m. - 1:00 p.m.

Harnett Health Sciences Center

51 Red Mulberry Way Lillington
(Behind Central Harnett Hospital)

Sponsors:

Harnett County Health Department

Cooperative Extension, Harnett County





Join us as we celebrate **30 years** of
Girls Are Great!

Our program features educational sessions along with group activities to make learning fun! The program is intended for girls ages 9-16 and their moms or adult guardians.

Girls ages (9-12) Girls will get information and answers about the emotional and physical changes experienced during puberty.

Teens ages (13-16) Teens will get answers and information about topics including teen health, healthy dating/relationships, and more!

Schedule for the day:

8:30 a.m. Doors Open/Registration & Exhibits-Breakfast

“Growing Up & Understanding It”

Girls ages 9-12 & Moms/Guardians

“Teen Talk”

Girls ages 13-16 & Moms/Guardians

Make It-Take-It : Moms/Girls

Girls Just Wanna have Fun”(Girls- only)

Mom/Guardian session

Lunch

Closing/Evaluations and Swag Bags

1:00 p.m. Dismissal

Registration Deadline - **April 6, 2018**

**While attending the program, all girls must be accompanied by their mom or adult guardian.*

It's Great to be a Girl!

Registration Form

Girl's Name: _____

Age: _____ Girl's T-shirt size: _____

Address: _____

Parent/Guardian's

Name: _____

Telephone #: _____

Email: _____

- I will _____ / I will not _____ attend with my daughter.

While attending the program, all girls must be accompanied by their mom or adult guardian.

My daughter has permission to attend with the following adult guardian: _____

Registration Fee: \$7.00 per person

Fee is Non-Refundable and must be paid with registration.

**No registration at the door the day of the event.*

“Girls Just Wanna have Fun”:

Circle your first and second choices of the 7 fun sessions listed below. Please choose based on your age. Sessions marked All are for all age groups.

- | | |
|-----------------------------------|----------------------------|
| Kids in the Kitchen (ages 9-12) | Earring Extravaganza (All) |
| Fitness Fun (ages 9-12) | Mad Scientist (All) |
| Teen Chef (ages 13-16) | Gardening (All) |
| Creative Calligraphy (ages 13-16) | |