

For Immediate Release: March 14, 2020

## Harnett County presumptive positive for COVID-19

Harnett County has received notice from the State Lab on Friday, March 13, 2020 that a resident has tested presumptive positive for COVID-19.

The Harnett County Health Department can confirm that this affected individual traveled multiple places and upon returning home tested presumptive positive for COVID-19. "This is not a surprise," said Harnett County Health Director John Rouse. "It's likely that more individuals will test presumptively positive for the virus."

The affected person is currently in isolation at home and is doing well. Harnett County Public Health is currently creating a timeline of where this case went and when paying particular attention to places visited when they became symptomatic. The timeline will help our public health staff determine who is at increased risk of exposure to COVID-19 from this patient. The Centers for Disease Control and Prevention (CDC) states that people are at highest risk of exposure to COVID-19 when the affected person is showing flu-like symptoms.

"If you are at increased risk, our public health team will contact you directly. If a member of our team does not contact you and you do not have any symptoms, you do not need to quarantine yourself or take precautions beyond washing your hands, covering your cough, and staying home from school or work if you feel sick" Rouse added.

Although your risk of contracting COVID-19 locally remains low, the county's public health team encourages you to protect yourself from COVID-19 and any other flu-like illness by following these simple steps:

- Wash your hands often with soap and water for at least 20 seconds.
- Don't touch your eyes, nose and mouth.
- Stay away from sick people.
- Clean and disinfect surfaces especially ones that are touched frequently using regular household cleaning spray or wipes.
- Cover coughs and sneezes with a tissue, throw the tissue in the trash and wash your hands.
- Stay home if you're sick and don't send sick children to school or childcare.

The Harnett County Health Department has information located their web site www.harnett.org/health. The county is also sharing important information on our social media accounts.