

LOVE My Lungs

PLEASE DON'T SMOKE!

SECOND HAND SMOKE
MAKES MY ASTHMA Worse

FOR MORE INFORMATION ON HOW TO
QUIT SMOKING PLEASE CALL:

Harnett County Asthma Coalition
(910) 893-7550

Harnett County Health Dept.
Fresh Start
Free Smoking Cessation Classes
(910) 814-6196

NC Tobacco Quitline
1-800-QUIT-NOW
(1-800-784-8669)

Betsy Johnson
Freedom From Smoking Classes
(910) 892-1000, ext. 4111

