We are providing a series of health sessions on Zoom!

**June 10th:** Welcome to the Scrub Club:
- For children ages 5-9 on hand washing

**June 17th:** Rethink Your Drink
- Learn how to make healthy drink decisions

**June 24th:** Keep Your Cool in Hot Weather
- A session for seniors on staying safe in hot weather

**July 1st:** Four Food Safety Tips for the Fourth!
- A session on food safety for a general audience

*Each session is 30 minutes!

To register and get the meeting ID and password

**Harnett County Health Department**
Health Education Division 910-814-6195 or 910-893-7550 [www.harnett.org/health](http://www.harnett.org/health)