

Harnett County Health Department

“Zoom into Health”



Join us each **Wednesday**

June 10th - July 1st

10:00am-10:30am

We are providing a series of health sessions on Zoom!

June 10th: Welcome to the Scrub Club:

- For children ages 5-9 on hand washing

June 17th: Rethink Your Drink

- Learn how to make healthy drink decisions

June 24th: Keep Your Cool in Hot Weather

- A session for seniors on staying safe in hot weather

July 1st: Four Food Safety Tips for the Fourth!

- A session on food safety for a general audience

***Each session is 30 minutes!**

Zoom in

To register and get the meeting ID and password

Harnett County Health Department

Health Education Division 910-814-6195 or

910-893-7550 www.harnett.org/health



Harnett
C O U N T Y
HEALTH DEPARTMENT