

Enjoy an Active and Healthy Lifestyle

- We provide a warm social atmosphere & personal enrichment activities for older adults in the community
- You must come in to sign up for Classes, Special Events & Trips
- Information is always available at your request



March 2011

Harnett County Parks & Recreation • Anderson Creek Senior Center

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Birthdays: 04 Wilma, 27 Noelyne,						
Senior Games Event Practice Daily at the Center Partner up & come out to play!	1 9am Table runner/Linda	2 Keeping Your Mind Active	3 Coupon Exchange 12am AC Club Quilters	4 10:30 BP Check	5	
6 9am Van Shopping Keep Your Mind Active	7 Special Advisory 1:30am	8 9am Table/Linda	9 Keeping Your Mind Active	10 Coupon Exchange	11 10:30 BP & BS Check Fundraiser for Nancy	12
13	14 Smithfield Trip Leaving Center 9am	15 OHS Students 10 9am Table runner/Linda	16 11:00 Helen O'Reilly Book Signing 11am	17 10:00 St. Patrick's Day Hunt	18 10:30 BP Check	19
20 	21 AC Garden Club planning & info	22 9am Table runner/Linda Keep Your Mind Active	23 10:30 "Are You Lucky" PO-KE-NO	24 10:30 Center Assessment	25 10:30 BP Check	26
27	28 Wii can Exercise Keep Your Mind Active	29 9:00 Quilting with Linda	30 8am Senior Games Opening Ceremony	31 Coupon Exchange		

Extra Community Notes

AC Community Church Thrift Shop Hrs. Wed-Sat 10-2:01 -- Flat Branch Senior Circle Meeting March 8 at Overhills Church Senior Pot Luck March 14 at 11am

Director: Kathleen Collins • Telephone: 910.436.4157 • Hours: Monday - Friday 8:00 - 4:00

Special Events



This Month

Find the Leprechaun's Hat, Pot of Gold & the little man himself this month!

Medicine Safety, turn in old meds!

Trip to Smithfield

Frances' garden lady, Helen O'Reilly & her new book

St. Patrick's Day!

Garden Club Planning

PO-KE-NO

Senior Games Begin

This Year

- A Learning Journey of States in Our Nation



1st Qtr South East Region

Florida, Alabama, Louisiana

2nd Qtr North West Region

Washington, Idaho, Montana





corrected 3/2/11

This Year

- A Learning Journey of States in Our Nation

1st Qtr South East Region

Florida, Alabama, Louisiana

2nd Qtr North West Region

Washington, Idaho, Montana

3rd Qtr North East Region

Pennsylvania, Hawaii, New York

4th Qtr South West Region

Texas, California, Nevada

