

Enjoy an Active and Healthy Lifestyle

- We provide a warm social atmosphere & personal enrichment activities for older adults in the community
- You must come in to sign up for Classes, Special Events & Trips
- Information is always available at your request

Special Notice

Lunch will be served at 11 am
The center has new operating hours & they are listed below each calendar days heading

Special Events This Month

August 9th - A new sewing class starts & you must be there if you want to be in the class

August 16th - The Anderson Creek Advisory Committee Meets at 1:30pm

August 19th - We go to the Raleigh Farmer's Market

August 24th - Meet our new area Pharmacist & find out what she can do for you.

August 2011

Harnett County Parks & Recreation • Anderson Creek Senior Center

Sunday Closed	Monday 8:30 - 2pm	Tuesday 8:30 - 2pm	Wednesday 8:30 - 2pm	Thursday 8:30 - 12:30pm	Friday 8:30 - 12:30pm	Saturday Closed
	1 Wii Can Exercise	2 Sewing with Linda 9am	3 Imponderable Questions and Some Answers	4 Smart Shopper Coupon Exchange	5 BP Check	6
7	8 Van Shopping 10am Wii Can Exercise	9 Sewing with Linda 9am Cutting Your Wallets	10 Medical Notes "Balance Disorders"	11 Smart Shopper Coupon Exchange	12 BP & BS Check	13
14	15 Wii Can Exercise	16 Sewing with Linda 9am - Cutting Wallets AC Advisory 1:30	17 Personal Care Slogan Word Game	18 Smart Shopper Coupon Exchange	19 Raleigh Farmers' Market 8:30am	20
21	22 Wii Can Exercise	23 Working on the VA Quilts	24 Anderson Creek Pharmacy 10am	25 Smart Shopper Coupon Exchange	26 BP Check	27
28	29 Wii Can Exercise	30 Working on the VA Quilts	31 Crossword, Word Search & Trivia Plus			

Happy Birthday

01 Elaine 04 Juanita 13 Pat Morse 11 Kathleen J. 11 Charles 23 Nell 29 Ena

Community Notes

Flat Branch Church Senior Circle Group on Break Until Sept. • Overhills church senior pot luck 10:30 August 17th
AC Community Church Thrift Shop Hours Wed-Sat 10-2:00

Telephone: 910.436.4157 • Hours: Monday - Wednesday 8:30 - 2:00 & Thursday, Friday 8:30-12:30