

## Enjoy an Active and Healthy Lifestyle

- We provide a warm social atmosphere & personal enrichment activities for older adults in the community
- You must come in to sign up for Classes, Special Events & Trips
- Information is always available at your request

## Special Notice

Lunch will be served at 11am

The center has new operating hours & they are listed below each calendar days heading

## Special Events This Month

Jan. 3rd - Get Your Sewing Class Supply List

Jan. 4th - PO\*KE\*NO

Jan. 9, 23 & 30th - Computer Lab \* Do you want to go online? Have an email address?

Jan. 9th - Sewing class starts early & you need your supply list to be ready. Must Sign Up

Jan. 11th - NC Museum of Art "Rembrandt", Must Sign Up

Jan. 16th - Martin Luther King Holiday

Jan. 18th - Healthy Living Class "Chronic Disease Self-Management" Must Sign Up

# January 2012

## Harnett County Parks & Recreation • Anderson Creek Senior Center

Sunday Closed	Monday 8:30 - 2pm	Tuesday 8:30 - 2pm	Wednesday 8:30 - 2pm	Thursday 8:30 - 12:30pm	Friday 8:30 - 12:30pm	Saturday Closed
1 <b>Happy New Year!</b>	2 Center Closed	3 New Year's Top 10 New Year Trivia	4 PO*KE*NO Starts at 10am	5 Smart Shopper Coupon Exchange	6 BP Check 10am Lucky Foods	7
8	9 Computer Lab 9:30 Wii Can Exercise	10 Sewing with Linda 9am Van Shopping 9:30am	11 Trip NC Museum Leaving 9am	12 Smart Shopper Coupon Exchange	13 BP Check 10am Oatmeal Word Game	14
15	16 Holiday Center Closed	17 Sewing with Linda 9am Trivia Plus	18 Healthy Living Class Starts at 9am	19 Smart Shopper Coupon Exchange	20 BP Check 10am Crossword	21
22	23 Computer Lab 9:30 Wii Can Exercise	24 Sewing with Linda 9am Medical Notes	25 Healthy Living 9am	26 Smart Shopper Coupon Exchange	27 BP Check 10am Word Search	28
29	30 Computer Lab 9:30 Wii Can Exercise	31 Sewing with Linda 9am				

## Happy Birthday

01 Rhonda 02 Peggy 29 Rodney 30 Mable

## Community Notes

Flat Branch Church Senior Circle Group Jan. 10th • Overhills church senior pot luck 10:30 Jan. 18th

AC Community Church Thrift Shop Hours Wed-Sat 10-2:00

Telephone: 910.436.4157 • Hours: Monday - Wednesday 8:30 - 2:00 & Thursday, Friday 8:30-12:30