

# SENIOR FUN & FITNESS DAY



**WEDNESDAY, OCTOBER 1<sup>ST</sup>, 2025**

**10AM - 1PM ERWIN MUNICIPAL PARK**

**810 S 16TH ST, ERWIN, NC 28339**

Make plans to join us for this **FREE** event to learn new games, find some easy ways to stay fit, learn more about Senior Games, and have a great time!!



**Pickleball**



**Basketball Toss**



**Fun Walk**



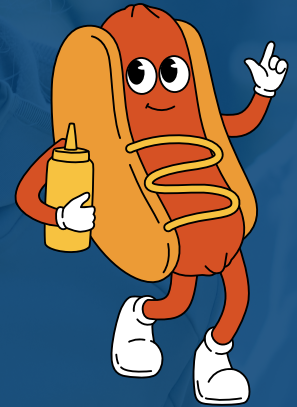
**Football Toss**



**Cornhole**



**Softball Toss**



**FREE HOT DOG  
LUNCH!**



**Proudly Sponsored by the Harnett  
County Division on Aging, Harnett  
County Parks & Recreation, and  
Erwin Parks & Recreation**

**For More Information  
Please Call Casey Todd  
(910)814-6072**