



# Harnett County GRASP Support Group Newsletter

Issue 10 October 2022

## Pumpkin Pie



### Ingredients:

- 1 (15 ounce) of pumpkin puree
- 1 (14-ounce) can sweetened condensed milk
- 2 Large Eggs
- 1 tablespoon pumpkin pie spice
- 2 blind back 9-inch pie shells, or 1 unbaked 9-inch pie shell
- Arrange an oven rack in lowest position and heat over 425 F.
- Place the pumpkin puree, sweetened condensed milk, eggs, and pumpkin pie spice in a large bowl and whisk until combined
- If making 2 (9 inch) pies: Divide the filling 2 blind baked 9- inch pie shells. Bake for 15 minutes. Reduce temperature to 350 F and bake until a knife inserted in the center comes out clean, 15 to 20 minutes more. Let cool on a wire rack for 2 hours. Serve immediately or refrigerate until ready to serve.

# OCTOBER

## Harnett County Happenings:

- Drive Thru Flu Clinic October 3, 2022 from 3pm to 7pm located behind the Health Department
- Benefits of the Caregiver Program. Remember one of the benefits of our Family Caregiver Support Program is we offer Respite and Supplemental supplies at no charge to you if qualify for these services. Please talk to Marcie about this great resource.
- We will be scheduling appointments for Medicare Open Enrollment after the first of October. The Open Enrollment period runs from October 15th-December 7th. For more information please call (910)-893-7578.
- Harnett County will be taking the seniors to the NC State Fair on Tuesday, October 18th. If you are interested in attending please call Parks and Rec. at 910-893-7518. The bus ride and entrance fee is free

### October Meeting

Our next meeting will be held on Thursday, October 20, 2022 at 10:00 a.m. at the Harnett County Resource Center/Library. Light refreshments will be provided. For more information about this program, please call Marcie at 910-814-6075. Hope to see you there.

