

RSVP The Senior Scene

Spring 2021



Harnett County RSVP Program Welcomes a New Face!



Hello Harnett County Retired Senior Volunteers!

I would like to take this opportunity to share with you some exciting news! I'd like to announce and ask you to join me in welcoming, Mrs. Debra Weis to the Division on Aging in the RSVP Program.

Debra is a native of Angier and has worked with Harnett County with Public Buildings and Finance over the years. She is active in her church and community and served on our RSVP Advisory Board for a short time before taking the job. Many of you will get the opportunity to meet her as we travel to visit work sites across Harnett County to acclimate her to all the wonderful things you do to serve in your community. As most of you know Vicky Walden retired in November from the Division on Aging. We miss her but she will still be active with RSVP as a volunteer now!

Currently NC is still under the modified stay at home order issued by Governor Roy Cooper in December but we continue to need volunteers to help deliver meals with the Meals on Wheels Program across the county, work at the Harnett Food Pantry, assist with the Literacy Program, and Veteran's Treatment Court as well. If you or someone you know would like to help with any of these programs, please let us know.

Please "stay tuned" for future needs and events through the RSVP Program. There will be other activities in the next few months just for our Retired Senior Volunteers, so stay tuned!

For more information, call us at (910)893-7579, or you can log onto our website at www.harnett.org/aging.

RSVP SENIOR FAIR

Our annual RSVP Senior Fair sadly had to be cancelled last year due to the COVID-19 Pandemic. It looks like we will be unable to put this very informative and worth-while event together this year too.

In years past we have had the pleasure of being able to bring this event to seniors in Harnett County through a partnership with Dunn Parks and Recreation by using their large space at the Community Center and Gym.

This year gatherings of large numbers is still prohibited. The health and safety of this older, vulnerable population can not be overlooked. Thank you all for doing the right thing, for staying home, for socially distancing and wearing a face covering in public. It may not prevent the virus but it certainly helps slow the spread.

Thank you for helping others in your community too. Many of you are unable to serve in your normal capacity but you have found other ways to give back like checking on friends and neighbors, running errands for people who can't get out of their homes or do not have family near by, feeding people, picking up medicine, providing transportation for those who do not drive any longer and countless other things you do.

I've seen how communities all across the nation are coming together to meet the needs of others. This is exactly what we are supposed to do, this is what you are doing. If you are wondering how you can help, give me a call, I can give you a few examples of things you can do right in your home.

It truly is as the old saying goes, "it's the little things in life that matter". YOU matter and YOU make a difference.

LeAnn and Debra



Harnett County RSVP
LeAnn B. Blackmon, Director ~ Debra Weis, Administrative Assistant
910-893-7579

“Medicare Prescription Drug Costs. . . Do I qualify for Savings Programs?”

Some people do qualify for savings to their prescription drug plans. If your income is low enough and your assets are too, you may qualify for savings on your prescription medications.

This is commonly referred to as Low Income Subsidy (LIS) or Extra Help through the Social Security Administration. This extra help could lower your drug plan premium as well as your medication costs at the pharmacy. Every little bit helps!

For a married couple if your income is less than \$2,178.00 and your assets are under \$26,520.00, then you may qualify. For an individual, single, widowed or divorced with an income less than \$1,610.00 and assets that are under \$13,290.00, you may qualify for savings as well.

If you feel like you qualify, call our office for an appointment to apply.



2021 Mid-Carolina Senior Games 35th Anniversary

Mark your calendars for **April 11th —May 22nd 2021** to participate in the virtual Mid-Carolina Senior Games.

The Senior games will be held in Harnett, Sampson and Cumberland counties. Registration ends March 21st. For more information and a listing of events and activities you can log onto www.ncseniorgames.org or www.harnett.org/aging.

Information is also available at www.mccog.org. You can also call Mid-Carolina AAA at (910)323-4191 ext. 27 for additional information.



Scams related to COVID-19, are rapidly increasing, scammers are targeting older adults. Make sure your appointment for the COVID-19 vaccine is at an official site. The COVID-19 vaccine will be provided at no cost. For information use the Health Department or other trusted medical professionals. For more information check the Health Department web site www.harnett.org/health.

Just a Reminder... You must be registered with Harnett County RSVP in order to have your volunteer time counted in the program. You are not required to do this, and we certainly want you to continue volunteering but in order to take advantage of perks like volunteer insurance, RSVP sponsored events and programs, you must be a registered “active” volunteer turning in monthly time-sheets.

Please sign your timesheets in **black or blue ink** at the beginning of each month at your volunteer site. We can't accept copies of timesheets, we need the original. Please make sure you call us with any changes in address, phone number, or beneficiaries as soon as possible so we can record this. We are collecting information on volunteers who are veterans as well. Call and let us know if you are a veteran and what branch you served or if you are the spouse of a veteran. These little things will help Debra and I tremendously as we update our volunteer files. If you have any questions, please feel free to contact us at Harnett County RSVP Program 309 W. Cornelius Harnett Blvd. Lillington, N.C. 27546 (910)893-7579 www.harnett.org/aging