

For More Information:



Cooperative Extension, Harnett County Center

910-893-7534

Kittrane Sanders

Harnett County Health Department

910-893-7550

Kayla Shamaly

Belinda Rayner

Registration Required

Registration & fee will be accepted at the following sites:

Harnett County Health Department

Re: Girls Are Great

307 W. Cornelius Harnett Blvd. Lillington, NC 27546

Harnett County Cooperative Extension

Re: Girls Are Great

126 Alexander Dr. Lillington, NC 27546

**No on-site registration the day of the event. Thank you!*

Girls are Great
& Teen Girls Conference



Saturday, April 15, 2023

9:00 a.m. - 1:00 p.m.

Harnett County Resource Center and Library
455 McKinney Parkway, Lillington



Sponsors:

Harnett County Health Department
Cooperative Extension, Harnett County

The program is intended for girls ages 9-16 and their moms or adult guardians. Our program features educational sessions along with group activities to make learning fun!

Girls ages (9-12) Girls will get information and answers about the emotional and physical changes experienced during puberty.

Teens ages (13-16) Teens will get answers and information about topics including teen health, healthy dating/relationships, and more!

Schedule for the day:

8:30 a.m. - Doors Open/Registration & Exhibits-Breakfast

“Growing Up & Understanding It”

Girls ages 9-12 & Moms/Guardians

“Teen Talk”

Girls ages 13-16 & Moms/Guardians

Mom & Girls Activity

Girls Just Wanna have Fun: Girls Only

Mom/Guardian session

Lunch & Session

Closing/Evaluations and Swag Bags

1:00 p.m. - Dismissal

Fun Sessions:

1. **Kids in the Kitchen:** (ages 9-12) learn basic cooking skills while making a yummy snack!
2. **Teen Chef:** (ages 13-16) learn more advanced kitchen prep and cooking skills while making a tasty snack.
3. **Glamorous Girls:** (all ages) Learn skin care and makeup tips to help keep your skin healthy through your teen years!
4. **Creative Crafts:** (all ages) Hands on Crafts... Be Creative. Craft for kids and teens.



Registration Form

Girl's Name: _____

Age: _____ Girl's T-shirt size: _____

Address: _____

Parent/Guardian's

Name: _____

Telephone #: _____

Email: _____

- I will _____ / I will not _____ attend with my daughter.

While attending the program, all girls must be accompanied by their mom or adult guardian. My daughter has permission to attend with the following adult guardian:

Name _____

Registration Fee: \$7.00 per person

(A fee for each person includes girl \$7.00 and mom \$7.00)

Fee is Non-Refundable and must be paid with registration.

“Girls Just Wanna have Fun”:

Circle your first and second choices from the fun sessions listed below. Sessions marked All are for all age groups. Please choose based on your age.

Kids in the Kitchen (ages 9-12) Glamorous Girls (All)
Teen Chef (ages 13-16) Creatives Crafts (All)

Registration Deadline – **March 24, 2023**

