

Looking for a
fun, new way
to be more
active?



BINGOCIZE® is a 20-week health promotion program that combines the game of Bingo with trivia and inclusive exercises for everyone!

- Free
- Once a week for 20 weeks
- Small group
- Led by trained facilitators with Harnett County Health Department and the Dunn Senior Center

Every Thursday
Beginning Sept 24, 2026
11:00 AM – 12:00 PM

Dunn Senior Enrichment Center
640 E. Johnson Street
Dunn, NC 28334

REGISTRATION REQUIRED:

To register for the program, contact
Dunn Senior Center at **910-984-7394**.

For more information:



910-893-7550



harnett.org/health



Harnett
COUNTY
HEALTH DEPARTMENT