Healthy Cooking on a Budget
Join Harnett County Health Department and Cooperative Extension for a virtual session on how to prepare low-cost and healthy meal options for breakfast, lunch, and dinner.

Wednesday, March 31, 2021
12:00pm-1:00pm

Registered participants can pick up a Healthy Cooking on a Budget Goody Bag that includes an insulated grocery tote, measuring cups, recipes, nutrition information, and more!

*Information about goody bag pick up dates/times will be provided after registration.

TO REGISTER PLEASE CONTACT:
Harnett County Health Department
910-814-6196 or www.surveymonkey.com/r/HealthyCookingonaBudget
Register by March 26, 2021