Enjoy an Active and Healthy Lifestyle

- We provide a warm social atmosphere & personal enrichment activities for older adults in the community
- You must come in to signup for Classes, Special Events & Trips
- Information is always available at your request

Special Notice

| unch will be served between 11 & 11:30am The center has new operating hours & they are listed below each calendar days heading

Special Events This Month

Apr 2 - Sewing is on Tuesdays working on the GEO Quilt

Apr 3- Our Wednesdays 30 minute moving & stretching class starts at 9:30

Apr 3 - Card Play starts at 10, learn a new game for some or play an old card game to others

Apr 6 - Flatebranch senior lunch & bingo starts at 12pm

Apr 8 - The charter bus trip to the Billy Graham Library,

Apr 10 - Senior Games Opening Ceremony

Apr 10-EPICS starts at 12pm

Apr 16 - Your senior boxes are picked up, so they're available

Apr 17 - A guest from Raleigh will be here to talk about Medicare fraud at 10am

Apr 22 - Senior Games crocket, must have signed up

Apr 24 - EPICS Lunch & Learn, must sign up Apr 25&29 - Dream Center work

Apr 25 - Heritage Art pick up, don't forget your pieces Apr 26- A walk in the fields is a research trip Friday

APRIL 2024

Anderson Preek Senior Penter

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Sunday	Monday	Tuesday		Wednesday	Thursday	Friday	Saturday			
Closed	9am - 2pm	9am ~ 2pm		9am ~ 2pm	9am ~ 2pm	9am-2pm	Closed			
	1		2	3	4	5	6			
	Work on Your Own	Sewing		Keep Moving	Everything Yarn	Work on Your Own	Senior Lunch at			
				Card Play			Flatbranch Church			
7	8		9	10	1 1	12	13			
	Trip to Billy	Sewing		SG Opening	Everything Yarn	Work on Your Own				
	Graham Library			EPICS	The Aging Brain 5:30					
14	15	1	16	17	18	19	20			
	Work on Your Own	Sewing		Medicare Fraud	Everything Yarn	Work on Your Own				
		Senior Boxes			Lillington Meet 11-2pm					
21	22	2	23	24	Dementia Risks 5:3025	26	27			
	SG Crocket	Sewing		EPICS	Heritage Art Pick Up	A Walk in The				
				Lunch & Learn	Dream Center Work	Fields				
2.8	29	2	30							
	Work on Your Own	Sewing								
	Dream Center Work									

Happy Birthday

01 Frances 02 Richard 06 Barbara

Community Notes

Ruritans Meet at the Anderson Creek Senior Center Thursday, April 13th at 6pm Union United Methodist Church Pantry 4/12 from 5 to 6:30pm and 4/29 from 9 to 10:30am AC Community Church Food Pantry Hours Thurs 10-1:30pm - Teach All Nations Pantry 4/14 from 1 to 5pm

Telephone: 910.436.4157 • Monday through Friday 9:00-2:00











