Harnett Connect

Monthly Employee newsletter . Keeping You Connected

February 2019

Gov. Cooper visits Harnett County for Hurricane Florence Impact Update





Broadband Assessment Survey Harnett County officials are working to expand and enhance broadband internet access for the county's residents, and they need your help! All Harnett County residents are being encouraged to complete the Broadband Assessment survey to provide feedback of current broadband capabilities county wide. "Broadband is an essential resource for education and community development," said Harnett County IT Director Ira Hall. "Our county is underserved in most areas based on the FCC's definition of broadband; even if our residents have service, it's not up to FCC guidelines for what constitutes sufficient service."

Harnett County IT has compiled an inventory of the current broadband infrastructure within the county to identify gaps in coverage. The department has also looked for potential opportunities for expanding broadband, the most promising of which is to present Internet Service Providers (ISPs) with data showing where residents are looking to connect to encourage the extension of broadband to those areas. Hall said the goal of the survey is to gather data to attract new ISPs into Harnett County and encourage existing ISPs to expand their networks to new parts of the county. The survey is available online at www.HarnettBroadband.com, however paper surveys will also be made available at County and municipal offices throughout Harnett County, as well as libraries and other **CLICK HERE TO** government buildings. Additionally, the County plans to send information about the survey to parents

share the information with their congregations to encourage participation.

Health & Wellness Tip: How Much Activity Do You Need?

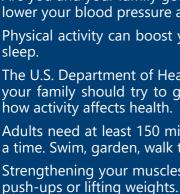
Children ages 3 to 5 should be physically active for at least 3 hours throughout the day. Kids 6 through 17 need at

All of your physical activity adds up. Moving more often throughout the day can help you get enough activity.

February 16, 2019

Carter Gym Campbell University

The First Annual Harnett County African American Heritage



least 1 hour per day.

TAKE THE SURVEY

Are you and your family getting enough exercise? Being active can help you improve your health and feel better. It can lower your blood pressure and reduce your risk of chronic diseases, like type 2 diabetes and certain cancers. Physical activity can boost your mood right away and help sharpen your focus. It can also reduce stress and help you The U.S. Department of Health and Human Services recently updated advice about how much physical activity you and your family should try to get. The new Physical Activity Guidelines for Americans is based on the latest research on Adults need at least 150 minutes of moderate-intensity physical activity per week. You can start with just 5 minutes at a time. Swim, garden, walk the dog, dance, or bike your way to feeling better. Whatever gets you moving counts! Strengthening your muscles is important too. At least two days each week, get those muscles working with things like

through Harnett County Schools, and to the County's water customers through Harnett Regional Water

utility bills. Flyers have also been created specifically for churches with the hopes that church leaders will

Find fact sheets and other resources for parents, kids, and more. Article provided by National Institutes of Health, part of the US Department of Health and Human Services. The advice provided is for informational purposes only.

Mark Your Calendar Upcoming County Department Events Harnett County February 2 11am– Family Storytime (Library) African American Heritage Festival February 4 9am - Board of Commissioners Meeting **Educational Preservation through Cultural Diversity** 10am - Book Babies (Library) Grand Fostival Day 11:45am- Legislative Luncheon

6pm- Board of Education Meeting 6:30pm- Planning Board Meeting

5pm- Dungeons & Dragons (Library)

10am- Toddler Storytime (Library)

11am-Boone Trail Storytime

10am – Toddler Storytime (Library) 11am – Preschool Storytime (Library)

10am – Toddler Storytime (Library)

11am – Preschool Storytime (Library)

Mobile Mammography (Health Dept.)

Early Release Day for Harnett County Schools

Month Celebration (Library)

5:30pm- Parents Night Out at BTCC (Parks & Recreation)

11am – George Washington Carver & Friends Black History

February 13

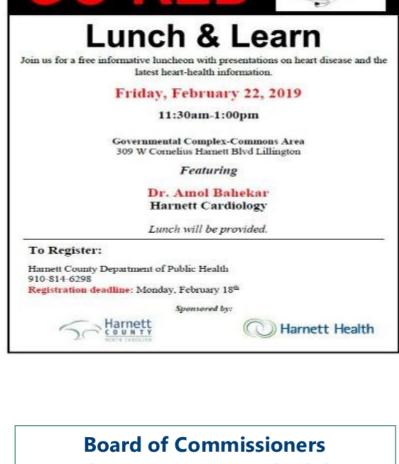
February 14 Valentine's Day

February 15

February 18

12pm - 6pm 11am-Boone Trail Storytime 6pm- Veteran's Council Meeting Free and open to the public February 6 9am – Development Review Board Meeting 10am – Toddler Storytime (Library) 11am – Preschool Storytime (Library)

11am- Preschool Storytime (Library) Festival will be held on Saturday, February 16 from 1pm-6pm 6:30pm– Family Bingo Night at BTCC (Parks & Recreation) at Campbell University Carter Gym. For more information, visit: https://africanamericanexperience.org/african-american-festival 11am– Lego Club (Library) February 11 10am - Book Babies (Library) 6:30pm- Board of Adjustments Meeting February 12 9am – Board of Commissioners Work Session



February Meeting Schedule

Meeting

Board Meeting

Board Meeting

Board Meeting

Legislative Luncheon

Time

9:00am

11:45am

9:00am

6:00pm

Date

Monday, Feb. 4

Monday, Feb. 4

Tuesday, Feb. 12

Monday, Feb. 18

secrets for a happier, more productive work life. Three gratitudes retrained to focus on the positive first, not the negative. Keep a journal boost your positivity and productivity at work. Get in some exercise good, you're less tired and more productive because you have more energy. Carve out quiet time then see the way forward.

Perform random acts of kindness

www.greenway.org/states/north-carolina.

lifestyle and overall happiness not just at work!

Harnett County Schools Teacher Work Day 9am– Board of Education Work Session 10am- Book Babies (Library) 6pm-Board of Commissioners meeting February 19 11am-Boone Trail Storytime February 20 10am – Toddler Storytime (Library) 11am – Preschool Storytime (Library) 5pm- Dungeons & Dragons (Library) February 21 8:30am – Harnett Soil & Water Conservation District Board of Supervisors Meeting 9am- Harnett County Schools District Spelling Bee 10am – Toddler Storytime (Library) 11am – Preschool Storytime (Library) 6pm– Family Movie Night at BTCC (Parks & Recreation) February 23 10am - Book Babies (Library) February 25 10am- Book Babies (Library) 6pm- Historic Properties Commission Meeting February 26 11am-Boone Trail Storytime February 27 10am- Toddler Storytime (Library) 11am- Preschool Storytime (Library) 9am – Harnett Voices (NC Cooperative Extension) 10am – Toddler Storytime (Library) 11am – Preschool Storytime (Library) 4:30pm– Bookworms Book Club **Human Resources Corner: Career Development** 5 secrets for a happier, more successful work life Business psychologists believe that if you retrain your brain to focus more on the positives in the workplace, then you're more likely to succeed in business. Shawn Achor, a Harvard researcher and expert on happiness in the workplace, believes a higher level of positivity allows you to work harder and be more productive. It's what he calls the "Happiness Advantage." He has identified five happiness techniques that, if applied for two minutes a day over 21 days, may leave you significantly more positive, and ultimately more successful, than you were before. Here are five Write down three new things for which you're grateful every day. By the end of your 21 days, your brain will likely be Take notes on your positive experiences from the last 24 hours. This can teach your brain to relive that experience and Physical activity helps release endorphins and other chemicals that make you feel good. In addition to making you feel Try a daily meditation, prayer or reflection to calm the mind and get over that which is weighing you down. You can Send one positive email daily thanking someone in your social or business support circle. In less than 30 days, incorporating these tools into your routine may lead you to a new formula for a more productive Article provided by Local Government Federal Credit Union. The advice provided is for informational purposes only. **Local Trails Receive East Coast Greenway**

Network Designation

Fear River Trail Park's Greenway Trail have been designated into the East Coast Greenway (ECG) Network, a developing biking and walking route from Canada to Key West. The Cape Fear River Trail Park opened in 2008 with support from the Parks and Recreation Trust Fund and the Harnett Forward Together Committee. The scenic park offers 16 acres of walking trails, overlooks, canoe access, and picnic shelter with restrooms. With the original Dunn-Erwin Rail Trail already a part of the ECG Network, the new designation will add a 2.1 mile trail extension which includes the new trail extension that was completed in 2017 and the greenway trail at River Park. This partnership with the East Coast Greenway Alliance will help to advance the 3,000-mile route, one third of which is now on paths that are safe for all ages and abilities. The goal of completing the East Coast Greenway, the nation's longest linear park, represents a commitment to public health, environmental sustainability, economic development, and civic engagement. Harnett County Parks and Recreation Director, Carl Davis, is excited for the new designation. He stated, "The ECG is a

nationally known trail that will bring more people into our county and towns for tourism." With the new designation, the

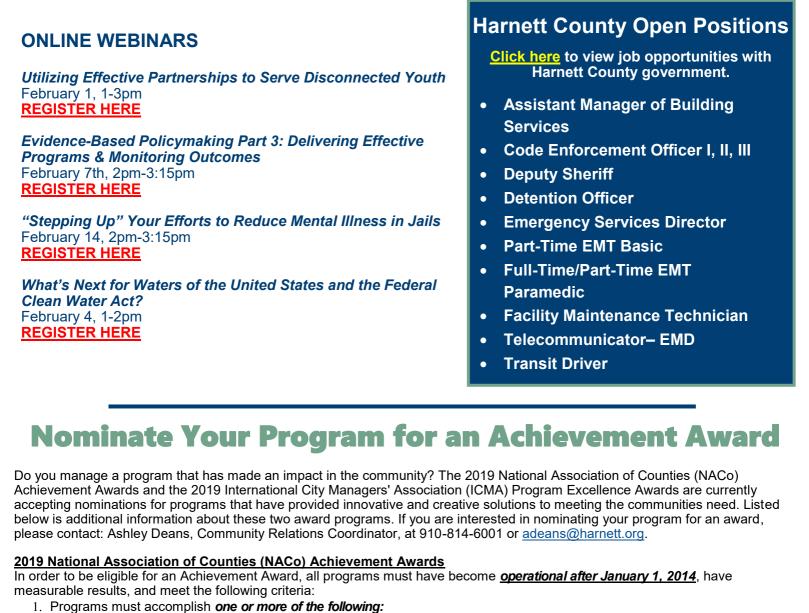
Through central and eastern North Carolina, the East Coast Greenway spans 365 miles with 98 miles completed and 47 miles in active planning or development. The current spine route begins in Granville County and passes through the Research Triangle cities of Durham and Raleigh on extensive greenway trails, then touches the Sandhills and enters Fayetteville. It runs across the coastal plain along the Cape Fear River and through the port city of Wilmington.

You can learn more about the amenities of the Cape Fear River Trail Park by visiting: http://www.harnett.org/parkrec/ cape-fear-river-trail-park asp. For more information on the East Coast Greenway Route in North Carolina, visit: https://

Professional Development Opportunities

Dunn-Erwin Rail Trail will form a 7.3 mile section of the East Coast Greenway running through Harnett County.

Harnett County Parks and Recreation has announced that a new section of the Dunn-Erwin Rail Trail and the Cape



• Offer new services to county residents, fill gaps in the availability of services, fill gaps in or tap new revenue sources

2. In the case of a program that is in response to a federal or state law, regulation or order, the program must go beyond mere compliance with the statute, regulation or order and must display a creative approach to meeting those requirements. 3. The program must have measurable results (e.g. cost savings, enhanced employee productivity, improved constituent

4. The program must be innovative and not rely on techniques or procedures that are common practice in most counties of

5. All aspects of the program must be consistent with acceptable governmental and financial management practices and must

The Program Excellence Awards are presented to local governments and their chief administrators in recognition of their innovative and successful programs. Programs must have been fully implemented by January 31, 2018, to be eligible for nomination in 2019.

• Upgrade the working conditions or level of training for county employees. Enhance the level of citizen participation in, or

• Improve the administration of an existing county government program

Promote intergovernmental cooperation and coordination in addressing shared problems

Provide information that facilitates effective public policy making

Here is the link for additional information on award categories and eligibility criteria.

In addition to a program's overall creativity and/or innovation, the evaluation panel will consider:

the understanding of, government programs

services, created better intergovernmental cooperation).

promote general governmental accountability.

Scope, Importance, and Value of Activity/Contribution How important are the services? Who benefited?

Is the program aligned with ICMA's core beliefs?

Can the program be replicated in other communities?

• Does the program demonstrate leadership? • Does the program demonstrate excellence?

• How innovative was the program?

· Positive feedback from constituents

patrons have spent

events for community members.

library branches today!

2

3

4

16,500 hours of free internet access offered to the public.

included: a Family Storytime, Lego Club, and Book Babies.

John Bajkowski, Sheriff's Department

John Rouse, Health Department

Daniel Holder, Tax Department

Kimberly Williams, Health Department

David Jones, Harnett Regional Water

No anniversaries in February

SHARE THE MIRACLE OF LIFE

HARNETT COUNTY GOVERNMENT COMPLEX

To donate blood, sign up at: www.redcrossblood.org

HARNETT COUNTY

WITH THE WORLD.

THURSDAY, MARCH 7, 2019

LILLINGTON, NC 27546

307 W CORNELIUS HARNETT BLVD

1 PM - 5:30 PM

at 910-893-7578

10 Years

Elaine Weeks, Health Department

Stanley Price, Development Services Michael Chappell, Emergency Services Sarah Anne Cone, Emergency Services John Bishop, Sheriff's Department

James Lowery, Harnett Regional Water

thousands of hours on our

public access computers with free access to internet

• How has the program affected the lives of the service recipients?

• Has the program led to measurable efficiencies and/or cost savings? • Has the program significantly improved service delivery or operations?

Here is the link for additional information on award categories and eligibility criteria.

THE YEAR 2018

PATRONS

thousands of people walked

through our doors this year

to benefit from free

resources and programs

similar population or size.

2019 ICMA Program Excellence Awards

Effectiveness Measures

Quality and Creativity

Other Factors (if applicable) Community engagement

· Overcoming barriers

Application of technology

Partnerships

PROGRAMS

the library hosted hundreds of

activities for patrons of all ages

fun, active and educational

and interests

FIND OUT MORE www.harnett.org/library

The Harnett County Public Library released its 2018 impact report which revealed 232,000 patrons utilized library resources over the past year. The Harnett County Library system, which is comprised of the County Library located in Lillington, a branch library located in the Anderson Creek Primary School media center and the Boone Trail Community Center, and municipal libraries located in Angier, Coats, Dunn, and Erwin offers free online resources, programs, and

Along with serving 232,000 community members, the Library hosted over 500 programs for individuals of all ages. These activities included: Yoga, Escape Rooms, Book Clubs, Game Days, educational events, and more. In addition to programs and events, the Library provided free online resources, resulting in 30,000 ebooks being downloaded and

The Library also plans to continue to offer free programs and events and has a big month planned for February. To celebrate Black History Month, there will be a performance on February 16th by the nationally renowned Bright Star Touring Theatre with their production of George Washington Carver and Friends. Other family friendly events will

As an employee with Harnett County, you are eligible to receive a library card free of charge. A library card will give you access to thousands of books and online resources. Individuals interested in getting a library card can visit one of our

February Employee Birthdays

16

17

19

Judy Herrin, Health Department Jeffrey Huber, Sheriff's Department Alicia Gatrell, Social Services

Shannon Warren, Emergency Services Maddie Cameron, Parks and Recreation Angela Hinson, Sheriff's Department

Duncan McCormick, Social Services

James Lanier, Sheriff's Department Kimberly Brewer, Social Services

Curtis Thompson, Sheriff's Department (Detention)

No anniversaries in February

Community Give Back Opportunities

Deloris Suggs, Harnett Regional Water

25 years

MEALS ON WHEELS

Volunteers

Needed

Looking to make an impact in your local community? Become a

volunteer with the Meals on Wheels program. The Department

on Aging's Elderly Nutrition Program offers opportunities for in-

For more information and to sign up to deliver meals, contact

OUPER BOW

Debra Vaughn at 910-814-6072 or dvaughn@harnett.org.

Curtis Thompson, Sheriff's Department (Detention)

Kimberly Baker, Tax Department Steven Arellano, Emergency Services

For more information on the Harnett County Library system, visit https://harnett.libguides.com/hcpl.

Harnett County libraries are making an impact every day

DOWNLOADS

thousands of eBooks

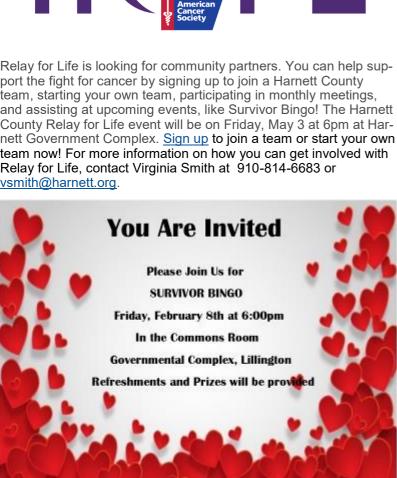
and audiobooks were

downloaded to patrons'

Harnett County Public Library Makes Huge Impact in 2018



or contact the Harnett County Department on Aging dividuals and groups to assist with delivering meals to our elderly Delivery of meals typically takes about homebound clients. 45 minutes per day and is done five days a week. As a Harnett County employee, you are eligible for 1.5 hours of paid volunteer leave each week to assist in your community. In order to receive your volunteer leave benefit, please get approval from your supervisor prior to scheduling a delivery.



JOIN THE DSS LEADERSHIP TEAM A BOWL OF SOUP, GRILLED CHEESE, AND A DRINK!

Have items to include in the next newsletter? Harnett Send to: **Ashley Deans** Community Relations Coordinator Email: adeans@harnett.org

FEBRUARY 4TI 12:00 - 2:00 COMMONS AREA KITCHEN For more information on this opportunity, contact: Ashley Johnson at 910-814-6655 or ajohnson@harnett.org.

Relay for Life, contact Virginia Smith at 910-814-6683 or <u>vsmith@harnett.org</u>.

Stay up-to-date with **Harnett County online**

NORTH CAROLINA strong roots • new growth